



RECOVERY FOR ALL WHO NEED

THE NEED

Suicide is the leading cause of death for youth in South Dakota and Nebraska (and No. 2 in Iowa)

We are passionate about ending the stigma of mental health and addiction. These challenges can affect anyone, and the journey to recovery can feel overwhelming. Supported programs bridge the gap, connecting people with the resources they need to begin a journey of healing, *one day at a time*.

Ray struggled with his mental health for years, impacting all aspects of his life. Thanks to your support of United Way, he is on the path to improving his wellness.

**Names in the local client stories have been changed to protect the identity of the individuals.*