

S  
T  
O  
R  
Y

*One story at a time.*

## RECOVERY FOR ALL WHO NEED

### THE NEED

**Over 12% of Siouxlanders feel they are in Frequent Mental Distress.**

We are passionate about ending the stigma of mental health and addiction.

These challenges can affect anyone, and the journey to recovery can feel overwhelming. Supported programs bridge the gap, connecting people with the resources they need to begin a journey of healing, *one day at a time.*

George struggled with depression & addiction for over a decade. Thanks to your support of United Way, he's on a clear path to a brighter future.

*\*Names in the local client stories have been changed to protect the identity of the individuals.*