

# **Community Impact Goals & Funded Programs**

# 1. Individuals access mental health and addiction resources

# Catholic Charities of Iowa Behavioral Health Services Program / Catholic Charities of Iowa

Expand mental health services by adding a youth therapist to the children's wing, a case manager, and more psychiatric care time. Implement substance use disorder treatment, prevention, and early intervention services, and offer Spanish-language support groups, including parenting classes.

## **Heartland Counseling Peer Support Program / Heartland Counseling**

Program offers comprehensive wraparound services addressing mental health and substance abuse.

#### **Crittenton Center Resource Center Program / Crittenton Center**

The program assists families based on individual needs, regardless of income, or other factors, helping them access mental health and addiction resources, develop parenting skills, and improve their family's health, safety, and wellbeing.

### Siouxland Mental Health Serving All That Enter Program / Siouxland Mental Health

The program in Dakota County, NE offers expanded psychiatric services, focusing on psychiatry, walk-in crisis services and urgent care for psychiatric care, therapy, substance abuse screenings, and suicide prevention.

# 2. Adult learners become more employable and independent in the community

# Financial Literacy and Empowerment Program / Center for Siouxland

Offer financial counseling and education to promote stability and independence, covering budgeting, money management, debt reduction, credit scores, avoiding predatory lending, and resolving identity theft.

## Resettlement Workforce Development and Education Program / Lutheran Services of Iowa

The program provides workforce development and education for recently arrived refugees in Siouxland, enhancing employability and family independence through case management, career services, cultural orientation, job-readiness training, and English Language Learners education.

# 3. Individuals engage in behaviors that improve their health or safety

#### **Crittenton Center Supervised Apartment Living Program / Crittenton Center**

The program is a 12-bed independent living, foster care program for teens and young adults ages 16-1/2 to 21.

### **Crittenton Center Transitional Therapeutic Home Program / Crittenton Center**

This program provides comprehensive and holistic service programs to homeless children in the care of the Crittenton Center.

#### **Haven House Client Services Program / Haven House**

The program offers violence and trauma treatment, mental health, and support services. Addressing abuse and safety improves household behavior, leading to better learning opportunities and increased school attendance.

#### Iowa Legal Aid Legal Assistance Program / Iowa Legal Aid

The program provides essential legal services for survivors of domestic violence in Woodbury County who cannot afford to hire an attorney.

## MercyOne Siouxland Foundation Siouxland Child Advocacy Center Program / MercyOne Siouxland Foundation

This program champions the needs of Siouxland's abused children through prevention, intervention, therapy, advocacy, and collaboration during their journey toward healing and justice.

#### Norm Waitt Sr. YMCA Wellness Program / Norm Waitt Sr. YMCA

The program offers facility access, group exercise, wellness coaching, and monthly challenges, empowering participants to make positive changes through education, support, and specialized fitness sessions.

#### SafePlace Safety for all Residents Program / SafePlace

The program provides secure shelter, advocacy, and counseling for those facing partner violence, including one-on-one support, basic needs, safety planning, relocation, and legal advocacy.



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# 4. Families access quality childcare and early learning opportunities

## **Camp High Hopes Sleep Away Program / Camp High Hopes**

Programs offer tailored physical activities and healthy meals to adults and children, aiming to promote healthy behaviors and reduce obesity.

#### **Crittenton Center Child Care Program / Crittenton Center**

This program increases the number of safe, affordable, quality childcare slots. Including: infant care, extended hours.

## Lutheran Services of Iowa Childcare Program / Lutheran Services of Iowa

The program helps English Language Learner childcare providers, particularly refugee/immigrant women, gain financial stability and increase culturally appropriate childcare spots by registering them with the lowa Department of Human Services.

## Mary Elizabeth Childcare and Preschool Program / Mary Elizabeth Childcare

The program offers extended hours (6 am to 6 pm) and full-time, active learning care during summer, aiming to provide safe, high-quality daycare and preschool services while removing barriers for families.

## Norm Waitt Sr. YMCA Preschool, Infant and Toddler, Extended Care Programs / Norm Waitt Sr. YMCA

YMCA offers programs that enhance access to safe, affordable, high-quality care and education—
Infant Toddler: Quality care and early learning for ages 6 weeks to 3 years; Preschool: Prepares children for kindergarten with age-appropriate activities; Extended Care: Provides structured care outside traditional hours for families; STEAM: Engages school-age children in science, technology, engineering, arts, and math.

# 5. Youth demonstrate grade-appropriate school readiness academically, socially, and emotionally

#### Big Brothers Big Sisters of Siouxland Mentoring Youth Program / Big Brothers Big Sisters of Siouxland

The program supports at-risk children by offering academic help, social connections, and emotional guidance. Through personalized mentoring, it aims to build resilience and promote overall well-being.

#### Boys and Girls Clubs of Siouxland Summer and After School Programs / Boys and Girls Clubs of Siouxland

The program provides affordable summer and after-school activities for children ages 6-18, focusing on healthy lifestyles, character building, academic success, and workforce readiness.

#### Girls, Inc. After School and Summer Programs / Girls Inc

Programs foster resilience, confidence, and problem-solving skills through: Mentoring in a supportive, pro-girl environment for mental health and social connections; Opportunities for skill practice, self-expression, and relationship-building within a role-model community; Tutoring and academic enrichment to address learning loss and enhance academic success and confidence.

## Sanford Community Center Mental Health Outreach Program / Sanford Community Center

The program helps children and families address issues to ensure school success, including managing crises, connecting with mental health therapists, resolving law enforcement issues, and linking to resources.

# 6. Imagination Library

Dolly Parton's Imagination Library is dedicated to inspiring a love of reading by gifting books free of charge to children from birth to age five.