# Who can be a Foster Grandparent?

- Men & women age 55 and older
- Individuals who are in good health & able to volunteer 5 to 40 hours each week
- People who enjoy working with children & want to remain active in their community

### "15 years ago I said I'd give it a try and I am still doing it!"

#### What are the Benefits?

- Tax-free stipend provided to those who meet income guidelines
- Meals & transportation reimbursement
- Local placement
- Flexible hours
- Monthly training
- New friendships with fellow seniors & your community
- Love from children served

## Foster Grandparents...

- volunteers serve in schools, pre-schools, and non-profit daycare centers.
- serve as mentors, tutors, and caregivers for children and youth who would benefit from individual support.
- use their life experiences to provide assistance, love, and encouragement.
- work one-to-one or in small groups under the supervision of trained professional staff.
- help children develop skills, confidence, and strength to succeed in life.
- benefit physically, mentally, and emotionally from being needed and staying active.
- forever change the lives of the children they serve and their own lives as well.



#### Where can I volunteer?

- Foster Grandparents are needed in schools & daycare centers in your community throughout Northwest Iowa area.
- For more information, call the **Foster Grandparent Program** 712-476-2628.

"Being a Foster Grandparent gives me a reason to get up in the morning."

"I never knew how great it was going to be!"

#### **Sponsors and Funding**

The Foster Grandparent Program, through their fiscal sponsor, the Rotary Club of Rock Valley Foundation, is administered by Americorps Seniors. Part of the program expenses are covered with a federal grant received through Americorps. The Foster Grandparent Program AmeriCorps

raises more than 25% of its annual Seniors budget each year to meet the match for the federal grant and support the volunteers and the communities served.

#### **Donations**

Tax deductible donations are gratefully accepted at any time. As sponsor of the program throughout NW Iowa and a 501(c)(3) non-profit, checks can be written to: Rotary Club of Rock Valley Foundation

1510 14th Street Rock Valley, Iowa 51247

#### Website:

www.rvrseniorvolunteerprograms.org



1510 14th St. Rock Valley, IA 51247 Phone: 712-476-2628 Fax: 712-451-6889 313 Cook Street Sioux City, IA 51109 (By appointment-Call the Rock Valley Office)





Serving the Northwest Iowa counties of Sioux, Lyon, O'Brien, Osceola, Plymouth, Woodbury, and Dickinson