Who can be a Foster Grandparent?

- Men & women age 55 and older
- Individuals who are in good health & able to volunteer 5 to 40 hours each week
- People who enjoy working with children & want to remain active in their community

"15 years ago I said I'd give it a try and I am still doing it!"

What are the Benefits?

- Tax-free stipend provided to those who meet income guidelines
- Meals & transportation reimbursement
- Local placement
- Flexible hours
- Monthly training
- New friendships with fellow seniors & your community
- Love from children served

Foster Grandparents...

- volunteers serve in schools, pre-schools, and non-profit daycare centers.
- serve as mentors, tutors, and caregivers for children and youth who would benefit from individual support.
- use their life experiences to provide assistance, love, and encouragement.
- work one-to-one or in small groups under the supervision of trained professional staff.
- help children develop skills, confidence, and strength to succeed in life.
- benefit physically, mentally, and emotionally from being needed and staying active.
- forever change the lives of the children they serve and their own lives as well.



Where can I volunteer?

- Foster Grandparents are needed in schools & daycare centers in your community throughout Northwest Iowa area.
- For more information, call the **Foster Grandparent Program** 712-476-2628.

"Being a Foster Grandparent gives me a reason to get up in the morning."

"I never knew how great it was going to be!"

Sponsors and Funding

The Foster Grandparent Program, through their fiscal sponsor, the Rotary Club of Rock Valley Foundation, is administered by Americorps Seniors. Part of the program expenses are covered with a federal grant received through Americorps. The Foster Grandparent Program AmeriCorps

raises more than 25% of its annual Seniors budget each year to meet the match for the federal grant and support the volunteers and the communities served.

Donations

Tax deductible donations are gratefully accepted at any time. As sponsor of the program throughout NW Iowa and a 501(c)(3) non-profit, checks can be written to: Rotary Club of Rock Valley Foundation

1510 14th Street Rock Valley, Iowa 51247

Website:

www.rvrseniorvolunteerprograms.org



1510 14th St. Rock Valley, IA 51247 Phone: 712-476-2628 Fax: 712-451-6889 313 Cook Street Sioux City, IA 51109 (By appointment-Call the Rock Valley Office)





Serving the Northwest Iowa counties of Sioux, Lyon, O'Brien, Osceola, Plymouth, Woodbury, and Dickinson